

Name of the activity: Teachers Supervision - 136 PS Luben Karavelov

This idea comes from: Janusz-Korczak-Schule

Aspect of relationship (focus): Emotional intelligence - a need for human relationships

Short description of the activity (How to do?): Staff training

Conducted theoretical and practical training in December within two days with main emphasis on:

1. Understanding your own emotions;
2. The sphere of the interpersonal Relationships;
3. Managing emotions;
4. Field of adaptation;
5. Motivation;
6. Stress management sphere;
7. Recognizing the emotions of others;
8. Relationship control.

Requirements (What do we need? Staff, material, rooms, time, ...)

Ensuring staff attendance, training room, training time, logistics organization prior to training
- appropriate trainer/supervisor.

What else?

Provision of funds from the school budget to pay the trainer.