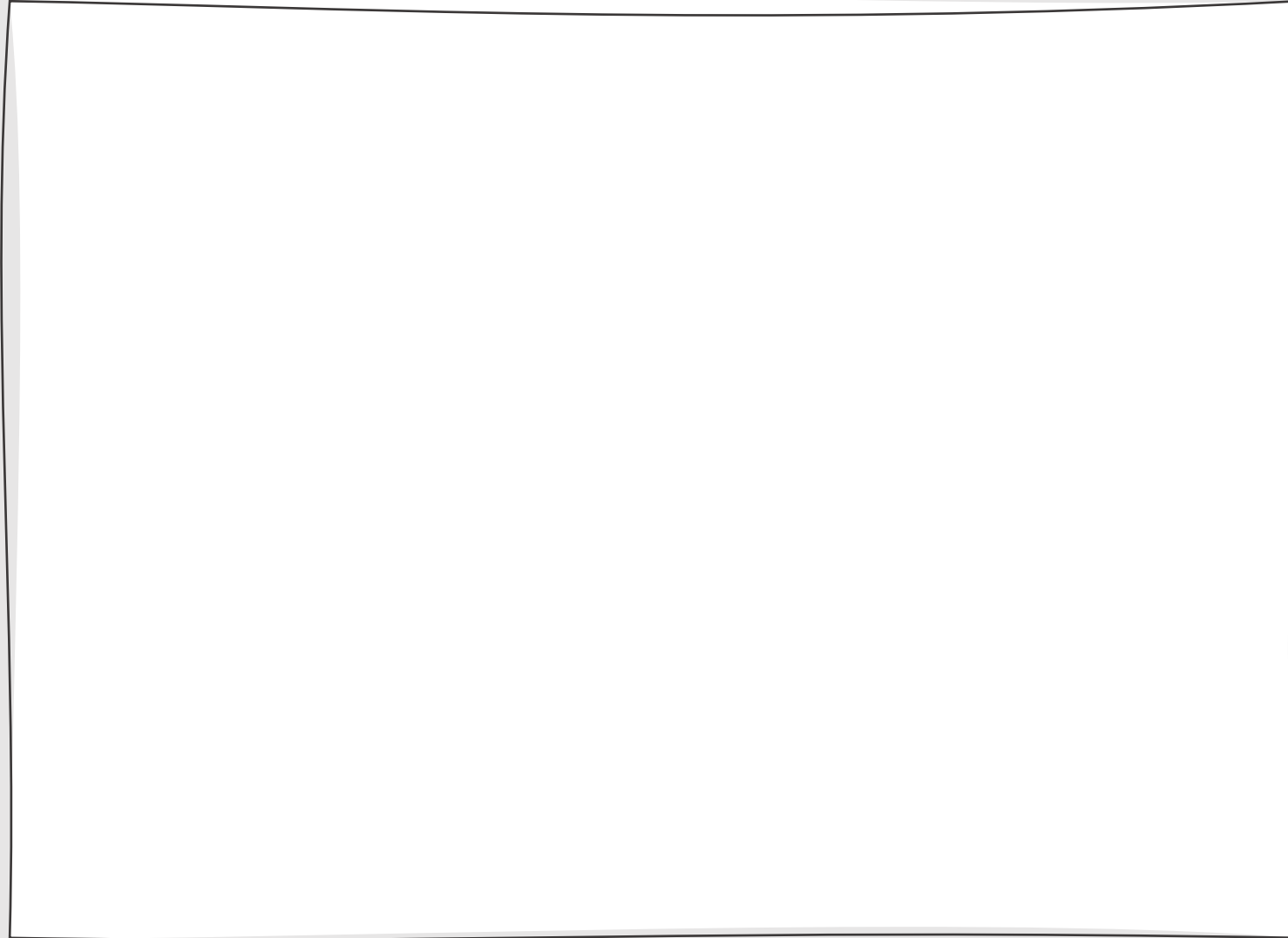




All together – Forming strong trusting relationships in schools

Participants: Cathrin Bernroth, Holger Hegekötter, Astrid Oelgemöller, Katrin Rulofs, Thomas Vossmann, Nicole Wienkamp

Ways to strengthen the pupil-teacher relationship



Ways to strengthen the pupil-teacher relationship



joint meals/breakfast together in primary classes

Joint breakfast in primary classes



Ways to strengthen the pupil-teacher relationship



joint meals/breakfast together in primary classes



individual conversations between teachers
and pupils

Feedback form



Unser Feedbackbogen vom _____



Das gelingt mir in der Schule:



Daran möchte ich arbeiten:

Feedback form



Meine Ziele:

1

2

Weiteres:



Unser nächstes Reflexionsgespräch findet am _____ statt.

Unterschriften:

Feedback form



Unser Feedbackbogen vom _____

Das gelingt mir in der Schule:

Daran möchte ich arbeiten:

Feedback form



Meine Ziele:

1

2

Weiteres:

Unser nächstes Reflexionsgespräch findet am _____ statt.

Unterschriften:

Ways to strengthen the pupil-teacher relationship



joint meals/breakfast together in primary classes



individual conversations between teachers and pupils



a survey in school to collect ideas from children and staff about ways to improve relationships

Strengthen relationships



activities

Strengthen relationships



day trips



activities

Strengthen relationships



day trips



activities



school dog

Strengthen relationships



charity run



day trips



activities



school dog

Strengthen relationships as part of our school program



Janusz-Korczak-Schule – Das Schulprogramm

| Primarstufe | Sekundarstufe |
|---------------------------------------|-----------------------------|
| Verhaltenstraining für Schulanfänger | Babywatching® |
| Verhaltenstraining in der Grundschule | Fit for Life |
| Klassenrat | Fit für kulturelle Vielfalt |
| Fit und stark fürs Leben | Coolness Training® |
| Kinderkonferenz | Anti Bullying nach Olweus |
| Soziale Gruppen | Lebensordner |
| | Jugendkonferenz |
| | Kindergericht |



[school program](#)

Trainer education



Fit for Life
soziale Kompetenz für Jugendliche

Fit für kulturelle Vielfalt
interkulturelle Kompetenz für Jugendliche

Sozialtraining
in der Schule

Verhaltenstraining
im Kindergarten

JobFit Training
für den Berufseinstieg

Verhaltenstraining
für Schulanfänger

Anti-Gewalt
Aufbaumodul

Emotionstraining
in der Schule

SchiLF
Inklusion und kulturelle Vielfalt

Wir sind Klasse®
Sozialtraining zur Gewaltprävention und -intervention



[trainer education](#)

Strengthen relationships as part of our school program



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| | Kindergericht |



[school program](#)

Social trainings – Overview



| Fit und stark | Fit for Life |
|--|---|
| primary school (1 st to 4 th grade) | secondary school (5 th to 8 th grade) |
| 45 minutes per week | 2 x 45 minutes per week |
| topics: <ul style="list-style-type: none"> ➤ self-awareness ➤ empathy ➤ stress and conflict management ➤ communication ➤ problem-solving skills | topics: <ul style="list-style-type: none"> ➤ self-management ➤ personal life planning ➤ self-confidence ➤ teamwork ➤ conflict resolution ➤ communication ➤ emotions ➤ giving and receiving feedback |

Social trainings – Structure



talking about the current mood of the participants



repeating the established rules



warming up



working on the current topic



evaluation and transfer



closing circle

Social trainings – Overview



Fit und stark

primary school (1st to 4th grade)

45 minutes per week

topics:

- self-awareness
- empathy
- stress and conflict management
- communication
- problem-solving skills

Fit for Life

secondary school (5th to 8th grade)

2 x 45 minutes per week

topics:

- self-management
- personal life planning
- self-confidence
- teamwork
- conflict resolution
- communication
- emotions
- giving and receiving feedback

Fit und stark

Nonviolent communication



Fit und stark

Nonviolent communication

The wolf

- offends a person.
- attacks a person.
- accuses a person.
- says: „You are...“



Fit und stark

Nonviolent communication



Fit und stark

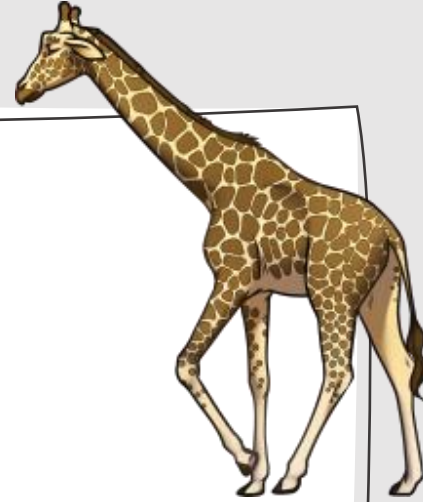
Nonviolent communication



The giraffe....

- is friendly.
- listens.
- says: „I am ...“
- asks: „How are you?“
- asks: „What do you need?“

Fit und stark

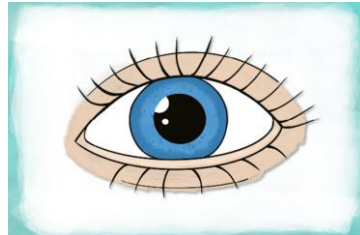


Nonviolent communication



1. Express feelings

I am .../ I feel ...



2. Name observations

...when...



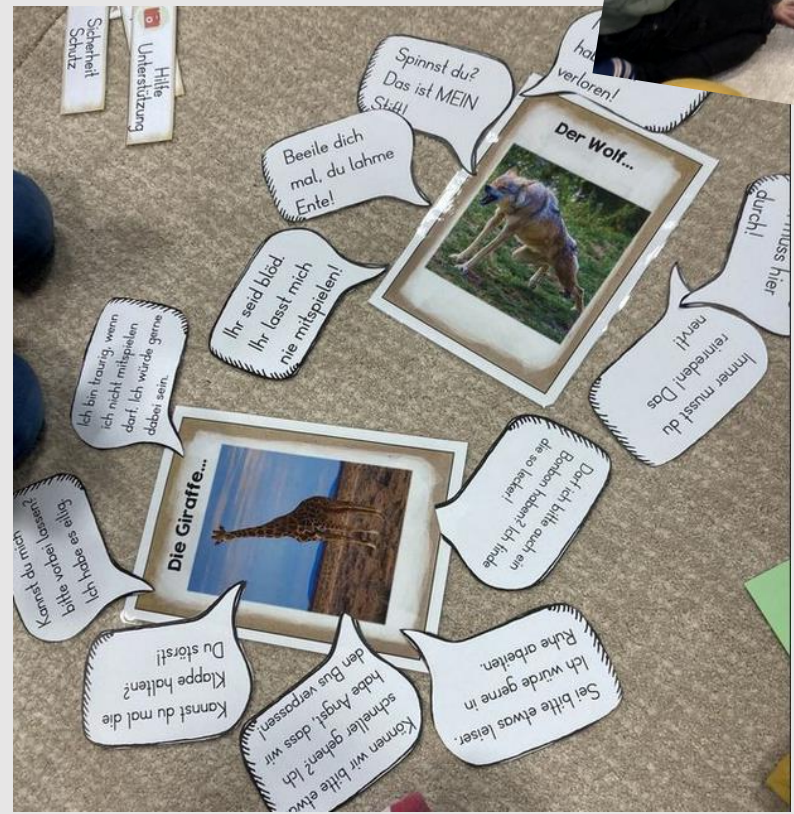
3. Express needs

...because I need to/ I would like to ...

Fit und stark



Fit und stark



Social trainings – Overview



| Fit und stark | Fit for Life |
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Fit for Life

as a contribution to the promotion of non violent education in
Egyptian state schools (Cairo)



Fit for Life



Let's do it!

